

June 2021

Summer

Counselor Connection

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Summer break is an exciting time as it marks the end of another school year. It is a time to recognize and celebrate the academic and social emotional efforts and accomplishments of our students, families, and staff during this unprecedented school year.

Summer is a time for family and friends to connect, to relax and slow down, and to create fun memories. DIY calming crafts and 25 non-screen activities you can do at home are included on the next pages to help our families kick start a well-deserved summer break.

Families can balance summer fun with some time for academic skill building to keep students' brains growing. Summer enrichment does not have to take a lot of time and effort. It can be as simple as picking up a good book and reading. Reading strengthens students' academic, cognitive, vocabulary, and social skills. Click on the YouTube link below for some ideas on keeping academic and social emotional learning going while having fun over summer break. Happy Summer break! Enjoy! Enjoy!

Support and Links



[mental health link](#)



[community resources link](#)



[summer reading fun](#)

Summer Engagement links



DIY

Calming Crafts

The following activities can be created with just a few at-home ingredients, but can generate connection, creativity, and innovation for students and your family

HOMEMADE PLAY-DOH [\(link\)](#)

- Make some home-made play-doh with just baking soda, cornstarch, and water (add some food coloring if you'd like)

COLOR RICE [\(link\)](#)

- Mix rice and food color (or diluted paint works too) to create colorful rice to use for sensory play.

MOON SAND [\(link\)](#)

- Create moon sand (like kinetic sand) with all purpose flour and baby oil

June

National Safety Month

[Click to learn more...](#)



19 Happy Juneteenth!



20 Happy Father's Day!



"GREAT THINGS TAKE TIME TO GROW."



Non-screen activities you can do at home

25 ideas!

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.



1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

'Learning from home is fun'

2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

Thanks!

3 Get building! You could build a Lego model, a tower of playing cards or something else!



4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?

7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!



8 Use an old sock to create a puppet. Can you put on a puppet show for someone?



9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?

10 Design and make a homemade board game and play it with your family.



11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?



12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.



14 Design and make an obstacle course at home or in the garden. How fast can you complete it?



15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.



16 Keep moving! Make up a dance routine to your favourite song.



17 Write a play script. Can you act it out to other people?



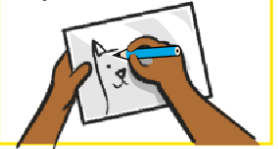
18 Read out loud to someone. Remember to read with expression.



19 Write a song or rap about your favourite subject.



20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.



21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.

22 Draw a map of your local area and highlight interesting landmarks.



23 Write a postcard to your teacher. Can you tell them what you like most about their class?

24 Draw a view. Look out of your window and draw what you see.



25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?